

May 7, 2018

"If we don't discipline ourselves, the world will do it for us."  
— William Feather

Dear Parents,

Self-discipline is important for success throughout life. How do we help our children learn self-discipline? If our children have self-discipline they might:

- ✓ Do what needs to be done
- ✓ Do the best thing not necessarily the easiest
- ✓ Avoid fighting
- ✓ Complete homework without constant reminders.
- ✓ Look for ways to compliment people not put them down.
- ✓ Resist being swayed by peers into doing things they shouldn't.

If our children don't seem to show these traits, what can we do to instill them? Probably the best way is by example. If we model self-discipline, our children will see it in action.

Thanks for helping your children to learn this very important life skill. These lessons are an important part of our Words of Wisdom program.

If we can provide you with additional information or assistance, please contact your child's teacher or call me @ 714.528.7475. I am also available via email at [rrendon@bousd.us](mailto:rrendon@bousd.us) and I will do my best to assist you or your child in any way I can. Keep up the good work!

Thanks for your continued support and Go Eagles!

Mr. Rendon  
Principal